



# AO•12

## Arm yourself against oxidation

### Arm Yourself Against Oxidation

Your body can adapt to protect you from the daily onslaught of free radicals, molecules that can compromise cells in a multitude of ways—but it also needs help. Thankfully, AO•12 from HealthyHome fortifies your defense against free radical damage with powerful antioxidants from nature.

AO•12 features an unprecedented approach to antioxidant protection: Your body can adapt to protect you from the daily onslaught of free radicals, molecules that can compromise cells in a multitude of ways—but it also needs help. Thankfully, AO•12 from HealthyHome fortifies your defense against free radical damage with powerful antioxidants from nature. a powerful delivery system and proprietary blend unmatched in any other product. Our cutting-edge formula absorbs into your body easily, helping become a protective force in immune-system support.



HEALTHY  
home



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Get ready for a revolution in health: AO•12's antioxidant power is unlike anything else. Put together by some of the best minds in nutrition, HealthyHome's unique blend capitalizes on nature's most potent ingredients to deliver immense benefits beyond basic vitamins. Sourced responsibly and processed safely in the USA with state-of-the-art production methods. Reap more than just immune support and get access to Mother Nature's 12 elite antioxidants to combat signs of aging!

AO•12 provides key resources to promote health among families with nutrient-deficient diets. These supplements counter inadequate nutrition, providing an effective solution backed by trusted expertise. With the power of these products, households can confidently foster strong physical health throughout life's journey. According to Dr. Ruth Petersen, MD, director of CDC's Division of Nutrition, Physical Activity, and Obesity: "Families can benefit from having healthy foods available wherever they live, learn, work, and play."





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### HealthyHome's 12 Antioxidant Aces



#### 1 RESVERATROL

Discovered in 1939, Resveratrol has been featured in more than 20,000 research papers. This antioxidant powerhouse occurs naturally in grapes, berries, and other fruits, and it helps protect organisms from oxidative stress & inflammation, including use by plants to ward off microbial attackers or counter tough environmental conditions like drought.

#### 2 L-GLUTATHIONE

Like the captain of a ship, glutathione is your body's "master" antioxidant, keeping everything in balance and working to ensure you stay feeling strong. It works hard so that tissues are healthy and repaired when needed, and synthesizes essential proteins for proper functioning of all systems within us, even helping to combat disease with immune-system support.



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### 12 Antioxidant Aces

- 3 PTEROSTILBENE**

From nature's phenylpropanoid family, this incredible ingredient is worth celebrating! Crafted from plant amino acids phenylalanine and tyrosine, this dynamic compound indicates some fascinating potential benefits. Research shows it helps not only balance blood-sugar levels, but may also reduce obesity risks while protecting against cardiovascular disease all thanks to its anti-inflammatory and pain-relieving properties.
- 4 CHERRY**

Cherries are a timeless favorite with ancient roots in promoting overall health and wellness. Our cutting-edge research confirms that adding this nutrient-packed ingredient could be beneficial for reducing inflammation, safeguarding cardiovascular wellbeing, and even optimizing sleep.
- 5 BLUEBERRY**

For centuries, blueberries have been treasured as a natural remedy. Originally from North America and cultivated in Europe since the 1930s, these tiny, dark gems are renowned for their powerful therapeutic properties. With potential health benefits linked to these "nutrient bombs," blueberries truly are deserving of their celebrated status.
- 6 GRAPE**

Eight thousand years ago, people in the Middle East marveled at their discovery of grapes. Over time, this unique berry has proved to be an invaluable source for essential vitamins and other nutrients. Its many health benefits—from supporting heart health to promoting digestive wellness—make it one of nature's ultimate "superfoods." This ingredient continues its cutting-edge status by unleashing antioxidant properties in innovative products like AO12.



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### 12 Antioxidant Aces

- 7** **POMEGRANATE**

Believed to have originated in the Mediterranean region, pomegranates are now grown around the world. Among nature's powerhouses of nutrition, this ancient fruit has been esteemed for its numerous health benefits and powerful compounds. Loaded with unique complexes and antioxidants, scientific research has shown this ingredient to be associated with numerous health benefits.
- 8** **MARIGOLD**

(Lutemax 2020) | Our revolutionary marigold extract, Lutemax® 2020, is award-winning and clinically backed.

Survey's suggest that over 70% of consumers are concerned about prolonged exposure to blue light that come from digital devices. This can lead to eye strain and fatigue, headaches and can even disrupt sleep cycles. Lutemax 2020 contains all three important macular carotenoids (lutein, RR-zeaxanthin, and RS (meso) Zeaxanthin) in the same ratio found in the diet that can help your fighting against blue light exposure.

In addition to helping to maintain healthy vision, Lutemax 2020 my help with cognitive performance support, aiding healthy skin, and relieving stress levels.
- 9** **GRAPE SEED**

This remarkable seed continues to undergo active, ongoing research on its beneficial values. With the potential to support one's health in various areas like blood vessels, bones, and kidney tissue this incredible grape seed extract stands out for its ability to protect against oxidative stressors while also promoting balanced immune response



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### 12 Antioxidant Aces

- 10 ALOE VERA**  
A remarkable plant, aloe vera has been established as an effective consideration for many conditions, especially skin care and gut health. With its very low toxicity levels, aloe vera can be used to safely reduce acid-reflux symptoms and even lower blood sugar without harmful side effects. Highly versatile by nature with uses ranging from supporting the body's hydration balance to being an exceptional pain reliever this incredible plant's proven benefits continue to amaze.
- 11 GREEN TEA**  
Get ready for the mega list of the health benefits of this natural wonder: The incredibly potent green tea has been credited with aiding in creating optimal health for everything from the heart to skin, and its benefits have astounded researchers for centuries. Originating more than 5,000 years ago, this tea has the benefit of leaves and buds that have not undergone the same withering and oxidation process of other teas, providing a powerful range of health advantages backed by increasingly compelling studies.
- ACAI EXTRACT**
- 12** This truly super fruit is found in the rainforest of Central and South America, and it offers an extraordinary nutritional boost. This pure extract features essential vitamins and minerals—chromium to zinc—that make it unbeatable against free radicals for unparalleled health benefits.

AS THE WESTERN DIET BECOMES MORE AND MORE LACKING IN ESSENTIAL NUTRIENTS, FAMILIES SUFFER FROM THE EFFECTS OF FOODS THAT ARE BEREFT OF ESSENTIAL VITAMINS AND MINERALS THAT SUPPORT OPTIMAL HEALTH AND WELLNESS. THE U.S. CENTERS FOR DISEASE CONTROL (CDC) WARNS THAT THE CONSUMPTION OF FRUITS AND VEGETABLES AMONG THE SCHOOL-AGED POPULATIONS HAS BEEN ON A STEADY DECLINE SINCE STUDIES BEGAN, IN THE 1980s.



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### Work Against Free Radicals

AO•12 has been crafted as a superior antioxidant formula with its specially selected ingredients that provide unmatched protection from the most formidable free radicals. HealthyHome's products connect in harmony, creating a powerhouse of health and wellness benefits. Through rigorous research, testing, and development, our products provide the ultimate support for optimal wellbeing, delivering an unparalleled clean yet powerful experience.

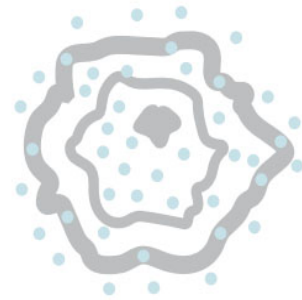
#### Oxidative stress



NORMAL CELL

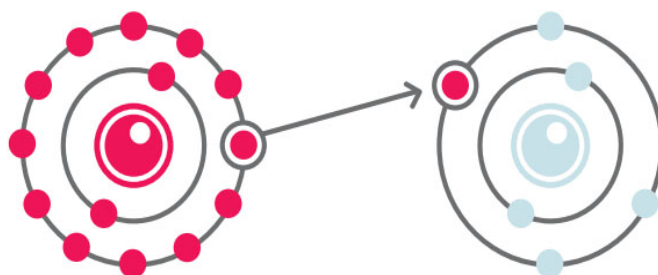


FREE RADICALS  
ATTACKING CELL



ATTACK CREATES  
OXIDATIVE STRESS

#### Antioxidant Against Free Radicals





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### More About AO•12



Supplement Facts	
Servings Per Box 30 Serving Size 1 Packet (30g)	
Amount Per Serving	% Daily Value*
<b>Calories</b>	<b>20</b>
Total Carbohydrates 4g	2% <sup>a</sup>
Total Sugars 3g	↑
Includes 0g Added Sugars	<1% <sup>a</sup>
<b>AO-12 Antioxidant Blend 7327mg</b>	<b>↑</b>
Cherry Juice Concentrate, Blueberry Juice Concentrate, Grape Juice Concentrate, Marigold Extract (Lutein <sup>®</sup> 2020), Pomegranate Juice Concentrate, Resveratrol, L-Glutathione, Grape Seed Extract, Aloe Vera Powder, Green Tea Extract 98%, Acai Extract 4:1, Eleuthero	
†Percent Daily Values are based on a diet of 2,000 calories.	
* Daily Value (DV) not established.	

Retail Price \$135  
Member Price \$112  
Member Subscription \$100  
Member QV: 100 CV: 80

#### Other ingredients:

Purified Water, Sodium Gluconate, Xanthan Gum, Vegetable Juice Color, Natural Flavors, Sodium Benzoate, Potassium Sorbate, Citric Acid.

#### Directions for use:

Take 1 – 2 packets daily